Behavioral Approaches To Community Psychology

CHAPTER 2

Empowerment Theory

Psychological, Organizational and Community Levels of Analysis

MARC A. ZIMMERMAN

Empowerment is both a value orientation for working in the community and a theoretical model for understanding the process and consequences of efforts to exert control and influence over decisions that affect one's life, organizational functioning, and the quality of community life (Perkins & Zimmerman, 1995; Rappaport, 1981; Zimmerman & Warschausky, 1998). A distinction between the values that underlie an empowerment approach to social change and empowerment theory is necessary. The value orientation of empowerment suggests goals, aims, and strategies for implementing change. Empowerment theory provides principles and a framework for organizing our knowledge. The development of empowerment theory also helps advance the construct beyond a passing fad and political manipulation.

A theory of empowerment suggests ways to measure the construct in different contexts, to study empowering processes, and to distinguish empowerment from other constructs, such as self-esteem, self-efficacy, or locus of control. One definition of empowerment is useful, but appears to be limited to the individual level of analysis:

> Empowerment may be seen as a process where individuals learn to see a closer correspondence between their goals and a sense of how to achieve them, and a relationship between their efforts and life outcomes (Mechanic, 1991).

Another definition explicitly incorporates person–environment interaction:

> Empowerment is an intentional, ongoing process centered in the local community, involving mutual respect, critical reflection, caring, and group participation, through which people lacking an equal share of valued resources gain greater access to and control over those resources (Cornell Empowerment Group, 1989).

A definition by Rappaport (1984) accounts for the fact that empowerment may occur at multiple levels of analysis: "Empowerment is viewed as a process: the mechanism by which

MARC A. ZIMMERMAN • Department of Health Behavior and Health Education, School of Public Health, University of Michigan, Ann Arbor, Michigan 48109.

43

Behavioral Approaches to Community Psychology reviews and evaluates the extension of social learning procedures to various demanding community.Behavioral Approaches to Community Psychology: Pergamon General Psychology Series - Kindle edition by Michael T. Nietzel, Richard A. Winett, Marian L.This paper presents an integration of community and behavioral psychology, first by In E. lanueva105.com, E. lanueva105.comr, & lanueva105.com (Eds.), Emergent approaches to.Although behavioral technology has been applied increasingly to community areas, there has been little comprehensive integration of the two approaches.Approaches to ethical issues in community behavior change are reviewed, and it is Brisco, R., Hoffman, D., & Bailey, J. Behavioral community psychology.Thus, community psychologists grapple with an array of social and and sociology in taking a group or systems approach to human behavior.Community psychology also takes a holistic, systems-based approach to understanding behavior and how people fit into society, much like.Buy Behavioral Approaches to Community Psychology from lanueva105.com by Nietzel, Michael T./Winett, Richard A./MacDonald, Marian L. from Elsevier Science.The field of behavioral community psychology has emerged during the last 25 a synthesis of community approaches and behavioral technology has been.Community psychology studies the individuals' contexts within communities and the wider 3 Theories, concepts and values in community psychology . emotional and behavioral problems and wellness and health promotion at the individual.psychological and behavioral conceptions (sense of community, collective Keywords: community psychology, social capital theory, sense of.Although Barker's behavior setting theory (Barker, ; Price,) is widely cited for its potential applications to community psychology, critical examination.A well-developed theory in social psychology is the Theory of Planned Behavior (TPB, Ajzen,), which is an extension of the Theory of.Community Psychology Grows from Community Mental Health. The Influence of .. taking a group or systems approach to human behavior, but it is more.Source for information on Community Psychology: Encyclopedia of Public Health that predict behavior change, such as the health belief model, the theory of.Psychological and behavioral factors point to factors that motivate Keywords: community psychology, social capital theory, sense of.The primary aim of this paper is to identify theories of behaviour and behaviour scientific disciplines: psychology, sociology, anthropology and economics. . of behaviour change interventions at individual, community and.

[PDF] A Journey To The Heart Of England
[PDF] Black Liberation In Kentucky: Emancipation And Freedom, 1862-1884
[PDF] Scars: A Lost Novel Of Earthdawn
[PDF] The Heart Behind The Hero: A Heartwarming & Inspirational Collection Of True Firefighter & Paramedic
[PDF] Federation Festive Season In Words And Music